

LIFE CHOICES ONLINE, LCO COUNSELING ORIENTATION

I accept clients in my private practice when it is my clinical impression that they have the capacity to resolve their own problems knowing that I am there to assist. My approaches are specific to each individual in the practice. There is no “ready made formula,” that I apply. My approach is both directive and non-directive dependent on the person and process we are exploring. As you read the documents listed under Qualifications you will gain further knowledge of my services and how they are applied.

This practice is open to any culture, race, gender, or sexual identification such as homosexual or lesbian orientations. I ask only that you be 18 years of age or older and reside in Pennsylvania, the state in which I am licensed to provide services.

The first session begins with an Intake Assessment where I will ask detailed questions in order to determine if this is the appropriate mode of therapy and how successfully we will work together. It will be your time to ask questions of me as well. Clients are encouraged to go to their family physicians if they have not done so in the past 12 months. My approach is holistic and I believe that body, mind, and spirit play a part in wellness. If you are prescribed medications for a psychiatric diagnosis but not compliant with them this will impact my ability to offer services. In addition, a signature is required verifying that you are Pennsylvania where I am licensed and that you are 18 years of age or older.

I do not go to court for clients or become involved in child custody hearings, so it is important to inform me upon our first session if this is your intent and you are involved in litigation. Please note that because this is Telephonic Therapy I am not available for emergency calls and have provided a list of resources for you in case of emergency. Otherwise, please call 911 or go to the nearest emergency room.

For regular business issues, please feel free to contact me through email or the phone number provided on the contact page.

My services to you will be provided professionally and ethically. The code of ethics I adhere to is for the Licensed Professional Counsel, State Board of Social Work, PA, or as well as the Certified Addiction Counselor, PCB. I will only provide services for which I am qualified professionally.

Respectfully,

Patricia A. Mensch, LPC, CAC.D
Therapist
Director, Life Choices Online